

1

North on A1000 FINCHLEY, HIGH BARNET
 KR @Ch sp Potters Bar
 SO thru 3x Tfl
 L Before Memorial Hadley High Stone
 L @ T Dancers Hill (*Alternative route 1 starts here*)
 R Dancers La CYCLE PATH
 Thru gates, slippery tunnel and L thru more gates
 R Swanland Rd WATER END (no sp) (*rejoin*)
 L@T over A1 COLNEY HEATH
 SO rbt HILL END
 R @ A414 Use Bridge on LHS to cross A road
 L Smallford La
 SO rbt A1057
 R@2nd Rbt House La SANDRIDGE
 R @ rbt
 R@T High St B651
 2nd L Ferrers La AYRES END (no sp)
INFO ???@ Triangular Green 32 k
 Then L (SO) Ayres End La
 R @ T A1081 (*Alternative route 2 starts here*)
 L Beesonend La, Imm L REDBOURNBURY(sp Ford)
Road becomes rough track with two deep fords
 R @ T A5183
 L@Rbt B487
 2nd R Hemel H'stead Rd (*rejoin*) 41k
 Imm L Gaddesden La JOCKEY END
 Keep R thru GADDES DON ROW -Clements End Rd
 L @T Pedley Hil (eventually...) 51k
 SO A4146 HUDNALL
 R @ T RINGSHALL 55k
 L @T Berkhamstead B4506 58k
 2nd R ALDBURY 61k
 SO to pass Tring Station
 R Grove Rd 66k
 R@T
 SO Rbt sp Long Marston
 R@Rbt sp MARSWORTH
CONTROL BLUE BELL TEA ROOMS ON RHS 69k

Alternative routes for trikes to avoid narrow walkways.
 Alternative 1 will involve negotiating the A1(M) / M25
 interchange roundabout. Beware of fast traffic.
Alternative 1
 R@Rbt A1081 St Albans Rd
 4th exit Rbt (Services)
 Imm L on Service Rd to Rbt COLNEY HEATH
 2nd exit (SO) Swanland Rd
Alternative 2
 L@RBT B487 REDBOURN
 L@RBT A5183
 SO @RBT B487
 2nd R Hemel Hempstead Rd CHURCH END

2

L from control, returning to rbt, where R.
 SO through LONG MARSTON, WINGRAVE,
 L&R @ A418 ASTON ABBOTS, CUBLINGTON
 L@X WHITCHURCH
 R@T A413
 L @ rbt Oving, PITCHCOTT
 R@X QUANTON
INFO ???, Lower St, Quanton 94k
 L@T (Edgcott)
 Lbefore bridge Grendon Underwood
 L@T BRILL
 R&L @ A41
 R @ T
 L UP HILL
 R by PO Windmill St to:
CONTROL AT WINDMILL on LHS 107 k

3

R from Control Windmill St
 R@T
 L Chilton
 L again CHILTON
 L CHEARSLEY,
 L CUDDINGTON,
 SO A418 DINTON
 L@X (Aylesbury)
 R@X BISHOPSTONE
INFO ??? in village 130km
 R after Level X TERRICK
 R A4010
 L&R @ Rbt BUTLERS CROSS
 SO Missenden Rd
 R @ T after rail bridge
 L Double Rb @ GT MISSENDEN
 R then L @ second double rbt B485 Chesham
 2nd R HYDE HEATH
 R Copperkins La AMERSHAM
 R@Rbt & imm L South Rd
 SO XR (Cheshunt La / Quill Lane)
 Follow R (over rough surface) into Raans Rd
 L@mini rbt, under rly & L@ Rbt A404
CONTROL BP Station on LHS 160k

4

L from Control
 L @ Tfl Bell Lane
 R @T Latimer Rd
 2nd L Chenies Hill (no sp)
 R Bragmans La Belsize
 R@T Flaunden La (no sp)
 2nd L Dunny La CHIPPERFIELD,
 SO X Chapel Croft KING'S LANGLEY
 Pause to admire 1949 Series 1 Land Rover on LHS
 SO@ High St The Nap becomes Mill Lane
 L@rbt (no sp) Water Lane
 L & R Tom's Lane
 L @ rbt Hemel
 2nd R & imm R Sergehill La
 L over M1
 R @ T Chiswell Green La & soon:
INFO ???Farm buildings on RHS 178k
 R @ grass triangle (Noke Lane) sp Watford
 L @ A405 to rbt, Round rbt to return down A405
 or dismount and use Pedestrian crossing
 L Lye La BRICKET WOOD
 L @ X
 R over railway bridge
 L @ PH Smug La
 R A5183 (Radlett)
 L Harper La B556 SOUTH MIMMS
 R@RBT B5378 SHENLEY
 SO Rbts London Rd WELL END becomes Rowley La
 At A1 Rbt follow A1 London
 At top of rise R Rowley La
 R@T A411
 L @ Tfl B552 Hendon Wood Lane
 R@T A5109
 L Highwood Hill/The Ridgeway MILL HILL
 L(SO)@ 3 x Rbts Dollis Road
 SO @ rbt Nether Street
 R@T to pass station Regents Park Rd A598
 L East End Road A504 EAST FINCHLEY
 L@X A1000
ARIVEE ' Local Cafe' on RHS 208 k